

Personal Plan - Fire Safety

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My Details

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My Action Plan

Name *(Required)*

First

Last

Email *(Required)*

Today's Date *(Required)*

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Section 1: Fire Hazards

How can I reduce the risk of a fire when using electrical items?

Tip: Fires can break out suddenly, without you becoming aware.

- Do not plug an extension lead into another extension lead or use brick-type extensions
- Do not leave powerful appliances running overnight
- Check electrical products are unplugged when not in use

Where should I put my door keys?

Tip: In case you need to get out quickly at night, you should have a spare set of keys nearby .

- Keep a spare set of keys near where I sleep
- I only need one set of keys and always leave them downstairs in the kitchen

How can I reduce the risk of a fire when charging my mobile phone or tablet?

Tip: Fires can break out suddenly, without you becoming aware. Check all the boxes that apply:

- Leave it charging overnight
- Leave it charging while I am out shopping
- Charge it during the daytime or evening and unplug it as soon as it is fully charged

What are my personal fire risks at home?

People use electrical appliances in different places in the home. If you are aware of any unique electrical fire risks in your own home, enter them here.

Section 2: Smoke Alarms

How many smoke alarms should I have?

Tip: It is a good idea to position a smoke alarm near any part of the house where a fire might break out.

- None
- One on each level of the house or flat

How old should my smoke alarms be?

Tip: The effectiveness of smoke alarms decreased with age.

- It doesn't matter as long as I have them fitted in the home
- Under 10 years old

Section 3: What to do if there is a fire

What should I do if a fire breaks out at home?

Tip: You should never take any risks or try to tackle a fire yourself. The Fire Service will deal with any fire that breaks out in your home.

- If it is safe to do so, close as many doors as you can while making your way to the front door
- Get out, stay out and call the Fire Service
- Try to put the fire out myself

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My Action Plan

What ACTION will I take to improve my fire safety at home?

Consider your answers from the previous questions then plan your personal improvements here.

I will need the following SUPPORT to achieve my goals:

Enter details of WHO can provide support, WHAT support needs to be provided and WHEN progress should next be reviewed. If you do not require further support, enter NONE.

Please continue on a separate sheet if you need to add more information. Thurrock Lifestyle Solutions CIC will review completed forms to provide relevant approved support. The information provided should not contain sensitive personal data such as your address, telephone number or bank details.